



HERITAGE HILL
— A VILLAGE IN THE CITY —

THE VILLAGE

AUGUST ISSUE 2025

Crier

SAVA FLAVA

DOUBLE LARGE

R169⁸⁰

SINGLE LARGE

R84⁹⁰

SMALL

R29⁹⁰
SINGLE ONLY



PEPPERONI



BBQ CHICKEN

SOUTHDOWNS

012 665 2427

DOWNLOAD OUR APP OR  ORDER ONLINE



Images may differ from actual product.

contents

AUGUST ISSUE 2025

Publisher

K-Studio (Pty) Ltd
on behalf of Heritage Hill

Advertising Sales

Tobia
tobia@k-studio.co.za

Calvin

calvin@k-studio.co.za
t 082 582 6873

Editor

Tobia von Zwiétring

Copywriter / proofreader

Chantél Vermaak

Design & Layout

K-Studio (Pty) Ltd
e tobia@k-studio.co.za
t 082 962 8255
f [KreatiefStudio](#)

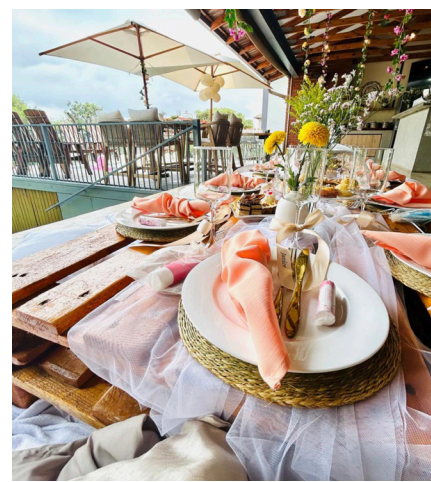


KREATIEF STUDIO



HERITAGE HILL
— A VILLAGE IN THE CITY —

Disclaimer: This e-Magazine is produced especially for residents/owners of Heritage Hill Estate to provide updates and useful information. It is produced by K-Studio on behalf of Heritage Hill Estate HOA. Although every effort is taken to ensure accuracy of content, Heritage Hill Estate HOA and/or the Publisher, cannot be held liable for any inaccurate information, and may not agree with all opinions expressed in this publication.



- 05 IMPORTANT CONTACTS
- 07 LETTER FROM THEGM
- 10 SOAK UP THE STYLE: FRESH STYLE FOR YOUR MOST UNDERRATED SPACE
- 16 LEMON FESTIVAL
- 17 A HEARTWARMING AFTERNOON WITH OUR LOVELY LADIES
- 18 THE VITAL ROLE OF BLOOD DONATION
- 22 HELLOO SUNSHINE, HELLO YOU: WHY A MORNING WALK IS YOUR SPRING SUPERPOWER
- 24 LET'S BRUSH UP ON DENTAL CLEANING FOR PETS.
- 28 SPRING LAWN REVIVAL: YOUR SEASONAL GARDEN GUIDE
- 30 PICNIC IN STYLE
- 32 CHAOS TO CALM
- 36 THE RIVERINE LODGE: WELGEVONDEN BIG FIVE GAME RESERVE
- 41 TOAST TO TRADITION: BRAAI BROODJIE RECIPE
- 42 CLASSIFIEDS

Elegance.
Style.
Safety.



Specialists in the **design, personalisation** and **integration** of **automatic** and manual **pool** covers.

Are you looking for a pool cover that offers elegance, style and safety?

Designer Pool Covers have an array of options to fit your needs. From elegant, luxurious automatic pool covers to affordable manual pool covers, we have you covered.

Our covers can fit most shapes, designs and pool sizes, with various colours to choose from. All our covers meet international standards.

**We are
nation wide!**



JHB (Head Office)
+27 (10) 824 8631
sales@designercovers.co.za
www.designercovers.co.za

KZN
+27 (72) 103 9875
projectskzn@designercovers.co.za
www.designerpoolcoverskzn.co.za

CPT
+27 (82) 461 8330
projectscpt@designercovers.co.za
www.designercoverscapetown.co.za

EASTERN CAPE
+27 (82) 461 8330
projectsgeorge@designercovers.co.za
www.designercoverscapetown.co.za



IMPORTANT CONTACT NUMBERS

ESTATE SECURITY SAPS

Security Manager:
Renier Coetzer
rcoetzer@tsebo.com
067 411 3721

Security duty phone:
081 824 0923

Security Office:
012 657 2350 (or extension
11111)

PRETOR Group:

**Levy Enquiries
Portfolio Manager**
Connie Stergianos
Switchboard:
012 001 9000 /
ConnieS@pretor.co.za

012 654 2121/3131
011 316 3010

SAPS Flying Squad
10111

Fire Brigade, Lyttelton:
012-310 6300

MUNICIPALITY

**Water & Electrical supply
problems:** 012 358 6690

EMERGENCY CARE

Ambulance
ER24: 082 124

Netcare:
082 911/086 133 2332
ER 24: 084 124

Midstream Medi Clinic:
012 652 9102

Medical Centres
Midstream:
087 805 5222

NHC (Brakfontein Road):
012 762 6300

Midpharm Pharmacy:
012 940 9000/1

NHC Pharmacy:
012 762 6333

BEES, SNAKES & PEST CONTROL:

Nico: 071 640 5543

Snake Bite Assist:
Arno 083 739 9303

Snake Catcher:
Hermien 082 388 2196

HHHOA

General Manager
Janus van Deventer
079 821 9696

Office Number
012 657 2329

Administration
Elsa van Schalkwyk
082 877 4175
admin@heritagehill.co.za

Website
www.heritagehill.co.za



SOUTH AFRICA'S KING OF CUSTOM MEAT SMOKERS!

From backyard braais to championship BBQs, **Big George** brings the heat with handcrafted offset, reverse flow, and drum smokers — all built to your specs.

GOT A WILD IDEA?

Our motto says it all:

"If you can dream it, we can build it!"

Whether you're a home pitmaster, a catering pro, or a BBQ competitor— **Big George** turns your BBQ vision into reality.

LET'S GET SMOKIN'!
061 528 6346

BIGGEORGE@BIGGEORGE.CO.ZA





Letter

FROM THE GM

Dear Residents of Heritage Hill,

I want to make use of this opportunity to introduce myself to you as the (not so) new General Manager for Heritage Hill Estate. I can say that after two months in the hot seat, I am still very happy to have the opportunity to be part of this community.

I want to thank everyone who has already extended such a warm welcome. The pride our residents take in their homes, gardens is truly special. I really do believe that Heritage Hill is one of the top estates in our area and has so much potential to still grow with the new developments coming our way.

Of course, no community is without its challenges. We all know the realities of load shedding, water supply issues, or the occasional overenthusiastic pet being a nuisance or exploring beyond its boundaries. But how we respond to these challenges is what defines us. If we approach one another with patience, understanding, and a sense of shared responsibility, we will always find solutions that uplift rather than divide us. We

should always strive to maintain harmony in the Estate.

However, harmony is not about agreeing on everything, but about choosing kindness and understanding when dealing with your neighbours and estate staff. There will always be moments that test our patience, but how we respond to those challenges will determine the strength and character of our community.

I am committed to fostering a culture of open communication, mutual respect, and proactive problem-solving. My door (and inbox) is always open. I believe that by working together, we can continue to make Heritage Hill not just a desirable address, but a place we are all proud to call home.

Let's build this next chapter together—with smiles, compassion, and a strong sense of community.

Warm regards,

Janus



postbox
courier



Register a **US** and **UK**
address, **FREE!**

Then send goods to your addresses.

GroupShip orders from multiple shops, or *SoloShip* single items.

Couriered to your front door in SA, *Customs cleared* by Postbox Courier.

amazon

ebay

Harrods

BROWNELL'S

FORTNUM
& MASON
EST. 1707

M&S
EST. 1884

MATTEL

dji

BIGBROTHERSTORE

www.postbox-courier.com



FAMILY | BIG 5 | SAFARI

Escape to the heart of the African bushveld at Tintswalo Waterberg, a hidden gem in the Waterberg just a scenic three-hour drive from Johannesburg. Nestled within the malaria-free Welgevonden Nature Reserve, this family-friendly safari lodge invites you to experience the magic of the bush. Enjoy comfortable suites, swimming pool, thrilling Big Five game drives, and an exciting children's program designed for unforgettable adventures. Tintswalo Waterberg is the perfect destination for a memorable family or group getaway. Please refer code **"TINT25-10"** to receive a 10% discount on your booking.



Reservations +27 21 773 0900 | reservations@tintswalo.com | www.tintswalo.com





SOAK UP THE Style

Fresh style for your most underrated space.

Your bathroom is one of the most personal spaces in your home—so why not make it feel special? Whether you lean towards soft, natural finishes or want to go bold with dramatic accents, there's a look to match every mood and home style.

Here's how to transform your bathroom into a space that's as beautiful as it is practical.

Classic, But Never Cold

1

Neutral doesn't mean boring. Creamy whites, light greys, and warm textures can create a calm, clean and welcoming atmosphere. Add depth with elements like brushed brass taps, natural stone basins, and soft textiles. The key is balance—choose a few standout textures or finishes and let them shine.

2

Elevated Elegance

Installing a platform under a freestanding bath can hide messy plumbing and add a designer touch. Soft LED lighting at the base brings a warm glow in the evenings, while textured tiles in muted tones ground the space with a handmade feel. Think spa, but at home.

3

Bold Accents: Black, Gold & Raw Beauty

For those who love contrast, pair sleek black taps or lighting with golden accents and raw timber vanities. This trio is ideal for adding character and richness to your bathroom, without overdoing it. Choose matt finishes for a softer effect, or go polished if you want full-on drama.

4

Wallpaper That Works

Yes—you can use wallpaper in bathrooms! Thanks to water-resistant options, you can now personalise your space with

anything from bold botanicals to serene landscapes. It's a great way to introduce colour, texture, or even a story to your bathroom wall—just make sure it's professionally installed to withstand moisture.

Go Back to Nature

5

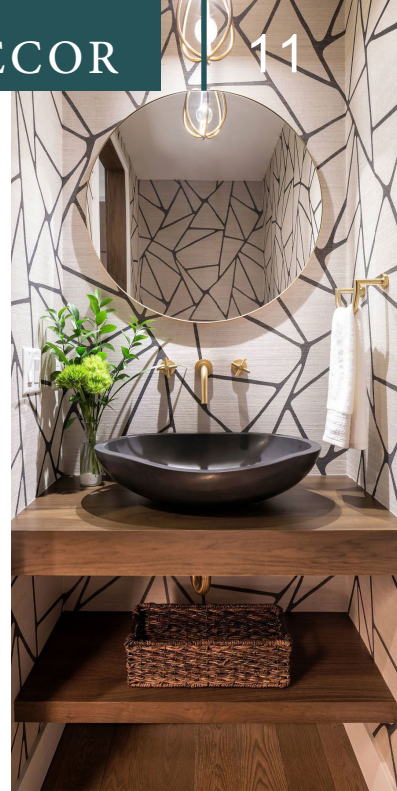
Natural light, earthy tones, and organic finishes never go out of style. Open shelving, wooden vanities, stone basins, and indoor plants all contribute to a sense of calm and connection to the outdoors. Bonus: natural finishes also hide water spots and fingerprints better than shiny ones!

Design Tips to Keep in Mind

6

- **Function first:** Make sure your layout works for your daily routine.
- **Storage is key:** Built-in units and clever shelving keep clutter at bay.
- **Go round:** Circular mirrors or curved showers soften angular bathrooms.
- **Mix textures:** Pair smooth tiles with woven baskets, timber with stone.
- **Make space for light:** A skylight, window, or even a well-placed mirror can flood your bathroom with natural light.

No matter your style—calming and minimal or bold and luxurious—your bathroom deserves to be both functional and fabulous. With just a few thoughtful upgrades, you can create a space you'll love to step into every day.





LEMON FESTIVAL

**LIVE PERFORMANCE
BY SCHEPPEL**

SUNDAY, 17 AUGUST 12:00 IN THE LEMON ORCHARD
BRING A DISH* WITH LEMON AS AN INGREDIENT

USE THE LEMONS FROM OUR ORCHARD.

**PLEASE LOOK OUT FOR MORE DETAIL ON WHAT THE
EVENT ENTAILS, ON THE APP**

PLEASE BRING YOUR OWN CUTLERY & CROCKERY, SOMETHING TO DRINK &
A PICNIC BLANKET. ALL FAMILY & FRIENDS ARE WELCOME!

**leapfrog**
PROPERTY GROUP

**HERITAGE HILL**
A VILLAGE IN THE CITY



WE KNOW YOU HAVE IT IN YOU

YOUR BLOOD CAN HELP UP TO **3 LIVES**

PLEASE DONATE BLOOD

MONDAY 22 SEPTEMBER 2025, 15H00 - 19H00
IN THE CLUBHOUSE



HERITAGE HILL
— A VILLAGE IN THE CITY —



save thedata

COME WATCH YOUR MOVIE STARS UNDER THE STARS!

TUESDAY, 23 SEPTEMBER

IN THE ROSE GARDEN

18:00 - FAMILY MOVIE | 20:00 - TEENS MOVIE





HERITAGE BRAAI

WEDNESDAY, 24 SEPTEMBER 2025
12:00 AT THE CLUBHOUSE

BRING A TRADITIONAL SIDE DISH FROM YOUR HERITAGE

PLEASE BRING YOUR OWN CUTLERY & CROCKERY AS WELL AS
SOMETHING TO BRAAI AND DRINK



HERITAGE HILL
— A VILLAGE IN THE CITY —



Lemon Festival

Do you have Zest for Life?

The annual Lemon Festival is one of the oldest traditions at Heritage Hill Estate. It brings our community together to enjoy a variety of delicious dishes, both savoury and sweet, all featuring lemons as the key ingredient.

We invite you to join us for lunch on Sunday, 17 August, for this unique event. Detailed information will be available on

the Heritage Hill App in early August.

This year, the festival will take place in the Lemon Orchard. We are excited to welcome back Scheppel, a wonderfully talented violinist known for his perfectionism. Scheppel blends classical, Celtic, hard rock, and pop music to create a distinctive and varied sound that you won't want to miss.



A Heartwarming Afternoon for Our Lovely Ladies

A small but meaningful gathering brought together several cherished senior ladies for a special “Soup and Bread” luncheon.

Each lady was welcomed with brightly coloured daffodils from Ansen Flowers and thoughtful gifts from Lavish Beauty, Judilie Liebenberg from Pam Golding, and Diana Oberholzer from Remax InfoGlobe | Elite Club. These gestures were intended to spoil them, as they so richly deserve.

This gathering was more than just a meal; it was a moment of connection—a way to remind these remarkable women that they are seen, valued, and deeply appreciated in our Heritage Hill community. The joy on their faces spoke volumes: sometimes, the simplest gestures—shared food, flowers, and kind words - can leave the most lasting impact.





THE VITAL ROLE OF BLOOD DONATION:

Save Lives, Build a Stronger Community

BY Yandri Pienaar

Join us at the upcoming Heritage Hill blood drive and be a hero!

Blood donation is a simple yet powerful act that can make a life-changing difference. Every day, hospitals and emergency services rely on voluntary donors to ensure they have a steady supply of blood to treat patients in need. Whether it's for trauma victims, cancer patients, or those undergoing surgeries, donated blood is an irreplaceable resource that can save countless lives.

Why Blood Donation Matters

- **Saving Lives:** A single donation can save up to three lives. Blood is essential for surgeries, trauma care, organ transplants, and treatment of blood disorders.
- **Community Health:** Regular donations help maintain a stable blood supply, reducing shortages and ensuring that all individuals, regardless of their circumstances, have access to this vital resource.
- **Emergency Preparedness:** Disasters, accidents, and epidemics can drastically increase the demand for blood. A committed donor base ensures readiness for such emergencies.
- **Health Benefits for Donors:** Donation can also have health benefits, including improved cardiovascular health and the detection of potential health issues through screening.

Be a Hero: Join the Blood Drive

Participating in a blood drive is a simple act with profound impacts. **Here's why you should consider taking part:**

- **It's Safe:** Blood donation is a safe, quick procedure conducted by trained professionals from the SANBS.

- **It's Accessible:** While many community centres, workplaces, and schools host blood drives regularly, you can join one here in the comfort of our estate, just a short walk from home to the Heritage Hill Clubhouse.
- **It's a Community Bond:** Donating blood unites us in compassion, showing that we care for our neighbours and community members.

How You Can Help

- Donate Blood regularly — every life counts! The SANBS comes to Heritage Hill every 2nd month, just keep an eye out for the notice boards and HH app messages.
- Spread the Word about the importance and safety of blood donation to your family, friends and neighbours.
- Encourage Others to join the cause — together, we can build a stronger, healthier community.

Blood donation is a selfless act with the power to save lives and strengthen our community. By choosing to donate, you become a vital part of a life-saving

chain that benefits countless individuals and may even save your own life or those of your loved ones one day. Make a difference - donate blood, be the light, inspire others, and help build a healthier tomorrow.

Let's come together to support this essential cause on **Monday, 22 September 2025 at the Heritage Hill Clubhouse from 15:00 – 19:00**. You can walk in at any time, no appointment needed. Your single act can create a ripple effect of hope and healing.

For the September 2025 Heritage Hill blood drive we will be holding a raffle for all who donate and you can stand a chance to win a R500 voucher (one for the gents and one for the ladies).

		Donor							
		O-	O+	A-	A+	B-	B+	AB-	AB+
Recipient	O-	✓	×	×	×	×	×	×	×
	O+	✓	✓	×	×	×	×	×	×
	A-	✓	×	✓	×	×	×	×	×
	A+	✓	✓	✓	✓	×	×	×	×
	B-	✓	×	×	×	✓	×	×	×
	B+	✓	✓	×	×	✓	✓	×	×
	AB-	✓	×	✓	×	✓	×	✓	×
	AB+	✓	✓	✓	✓	✓	✓	✓	✓

sanbs.org.za



Toll-free: 0800 11 90 31



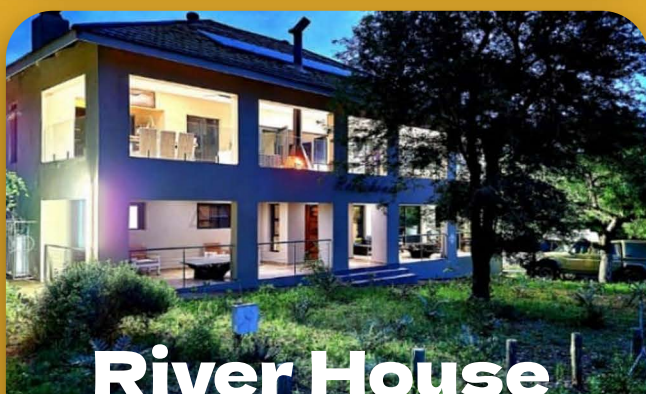
Butterfly House

Our 2 bedroom house can accommodate 4 guests



Farm House

Our 3 bedroom house can accommodate 6 guests



River House

Our 5 bedroom house can accommodate 10 guests



River Lodge

Our 6 bedroom house can accommodate 12 guests

**Explore our full collection
online and find your perfect escape**

Discover the perfect getaway for families and friends at Luxury Guesthouse Co's stunning homes in Marloth Park, nestled right next to the Kruger National Park. Experience wildlife on your doorstep, serene bushveld surroundings, and luxurious comfort — all just a few hours from Gauteng. It's your ideal escape for rest, adventure, and reconnecting with nature in style.



Click here to view the rest

**Legal Guesthouse & SARS registered
ACT 85/1993 Health & Safety Compliant
Security monitored & Owner operated
Fully equipped & Back-up system
Water & Electricity**

**Contact us
info@luxurygc.co.za
(+27) 082 233 7310
South Africa**



BREATHE LIFE INTO YOUR SPACE



Products

Blinds
Carpets
Laminates
Sand & Sealing
Vinyl-LVT
Aluminium
Cupboards
Skirting



☎ 012 326 1545 ☎ 083 730 0193

646 WF Nkomo Str, Proclamation Hill
Pretoria West

leads@pmkblindsandfloors.co.za
WWW.PMKBLINDSANDFLOORS.CO.ZA



Hello Sunshine, Hello You!

Why a Morning Walk Is Your Spring Superpower

As the chill of winter fades and spring begins to bloom, now is the perfect time to step outside and embrace the morning sunshine. A gentle walk in the early hours not only connects you with nature's renewal but also delivers real health perks - especially when it comes to soaking up vitamin D.

1. Wake Up with the Sun

Natural sunlight in the morning helps reset your internal clock. Exposure to morning light supports your circadian rhythm, helping you sleep better at night and feel more alert during the day. Just 15–30 minutes of light exposure in the early morning can do wonders for your energy levels and mood.

2. Top Up Your Vitamin D

After a long winter, many people have low vitamin D levels due to reduced sun exposure. Morning sunshine provides your body with the most natural way to produce this essential nutrient, which strengthens bones, supports your immune system, and even lifts your mood.

3. Boost Your Mood Naturally

A morning walk under the gentle spring sun is a powerful way to reduce stress and anxiety. Sunshine stimulates the release of serotonin, a hormone that helps you feel calm and focused. Combined with the rhythm of walking and the beauty of spring around you, it's a natural mood booster.

4. Energise Your Body

Starting your day with movement gets your blood flowing and your muscles warmed up. Walking in the morning boosts circulation, sharpens focus, and prepares you to tackle the day ahead with more enthusiasm and clarity.

5. Spring Into a Healthy Habit

With blooming flowers and crisp air, spring mornings offer the perfect setting to start a new routine. Whether it's a solo walk, a stroll with a friend, or simply sipping your coffee outside, daily morning light can become a wellness ritual that supports your body and mind.

Quick Tips for Morning Sunshine:

- Aim for 15–30 minutes of light exposure within two hours of waking up.
- Wear sunscreen if you'll be outside longer, but allow short bursts of unfiltered sunlight.
- Add gentle movement like walking or stretching to amplify the benefits.
- Don't wear sunglasses (at least for the first few minutes) – you want natural light to enter your eyes and help regulate your body's internal clock.

So, as the days grow longer and the mornings grow warmer, consider swapping that snooze button for a pair of walking shoes. Whether you're power-walking through your neighbourhood, strolling past blooming jacarandas, or simply soaking up the golden glow from your front stoep, those early rays are doing more for you than just lighting the way.

You're energising your body, resetting your internal clock, topping up on vital vitamin D, and giving your mental well-being a natural boost—all before the rest of the world has finished their coffee. Spring is nature's gentle nudge to start fresh, and a morning walk might just be the easiest (and most enjoyable) way to step into a healthier routine.

So take a deep breath, lift your face to the sun, and let your mornings set the tone for a brighter, better season ahead. Your mind, body, and mood will thank you—every step of the way.



LET'S BRUSH UP ON DENTAL CLEANING FOR PETS.

BY DR VICKY LOUW (BVSC)

This issue focuses on dogs and cats. In our next issue, we would like to cover dental issues and care for a few of our exotic furry companions.

Here's why dental cleaning is essential for our canine and feline friends:

- Dental Disease is Common – and Often Silent

Studies show that more than 80% of dogs and 70% of cats have some form of dental disease by the age of 3. Yet, many pet owners are unaware, because animals rarely show obvious signs of pain and are more likely just to learn to live with it. Pets will often continue to eat and behave normally, even when suffering from sore gums or infected teeth.

- Prevents Plaque and Tartar Buildup

When food and bacteria collect along the gumline, they form plaque. If not removed, plaque collects more debris and hardens into tartar, which leads to gingivitis (inflamed gums) and eventually periodontal disease. This causes damage to the tissue, bone, and teeth – and is the number one cause of tooth loss in pets.

- Protects Internal Organs

Bacteria from untreated dental infections can enter the bloodstream and spread to vital organs potentially leading to for example [heart disease](#) or [kidney disease](#).



- Improves Comfort and Quality of Life

Dental pain can make eating uncomfortable and lower your pet's enjoyment of food and play. Regular cleanings help maintain healthy teeth, so your pet can chew normally, enjoy toys, and live a more comfortable life.

What Does a Dental Cleaning Involve?

A professional dental cleaning for pets is done under [general anaesthesia](#), allowing your veterinarian to:

- Thoroughly examine the teeth and gums
- Remove plaque and tartar above and below the gumline
- Extract any severely damaged teeth
- Polish the teeth
- Your vet will discuss any concerns found during the procedure and guide you on how to care for your pet's teeth at home.

Don't Wait Until It Hurts:

Dental disease doesn't just affect the mouth – it affects your pet's entire well-being. Regular dental cleanings are a key part of responsible, loving pet care. It's time for a vet visit if you notice signs like:

- Bad breath
- Yellow or brown buildup
- Red or bleeding gums
- Difficulty eating
- Drooling or pawing at the mouth



Tips:

- [Brush](#) regularly (daily is best) with pet-safe toothpaste (never human toothpaste)
- Feed a balanced diet — ask your vet if a dental-specific food is right.
- Use vet-approved dental treats or chews.

Clearing up the confusion about your pet's teeth and what they eat:

Myth 1: “Dry food cleans my pet’s teeth.”

Fact: Most dry food does not clean teeth.

- While crunchy kibble may help remove a small amount of plaque, it’s not effective enough to prevent dental disease — especially if it crumbles easily. Most standard dry foods break apart quickly and don’t provide enough abrasion to clean the teeth properly. Some veterinary dental diets, however, are specially designed to scrub teeth as pets chew. These can help reduce tartar — but should be used as part of a full dental care plan, not a replacement.

Myth 2: “Bones and raw meat keep teeth clean.”

Fact: Bones can cause broken teeth and raw meat may contain harmful bacteria.

- While chewing can help reduce plaque, raw bones and meat carry risks: Bones can splinter and cause tooth fractures, intestinal blockages, or choking. Raw meat may carry [Salmonella](#), [E. coli](#), and [Cryptosporidium](#) which can be dangerous for pets and people.

Myth 3: “Pets don’t get cavities, so their teeth don’t need cleaning.”

Fact: Pets rarely get cavities, but they suffer from gum disease, which is more serious.

- Unlike humans, pets don’t eat much sugar, so they don’t get cavities often. However, periodontal disease (gum infection) is incredibly common in both cats and dogs and can lead to pain, tooth loss, and organ damage if left untreated.



Myth 4: “If my pet is eating normally, their teeth must be fine.”

Fact: Pets often hide pain — even severe dental pain.

- Dogs and cats are masters at masking discomfort. They may continue to eat even with infected or loose teeth, making it easy for owners to miss a problem.

Myth 5: “Dental chews are all I need to keep teeth clean.”

Fact: Dental chews help — but they’re not a complete solution.

- Dental treats can reduce plaque, but they’re not a substitute for professional cleanings. Think of them like flossing or using mouthwash — useful, but not a replacement for brushing or seeing the dentist.

Myth 6: “Cats don’t need dental care like dogs do.”

Fact: Cats do get dental disease — and often suffer silently.

- Cats are prone to painful dental issues like resorptive lesions, where the tooth dissolves from the inside out. These are often only seen on X-rays. Cats can be even more subtle than dogs when in pain, so don’t overlook their need for dental exams and cleanings.



Conclusion

Dental care isn’t just about fresh breath — it’s about protecting your pet’s overall health and comfort. With dental disease affecting most pets by the age of 3, prevention and early treatment are key. Regular professional cleanings, daily home care, and separating fact from fiction can make a world of difference. Whether you have a playful pup or a quiet kitty, their teeth deserve your attention. Start building healthy dental habits today — your furry friend will thank you with every happy chew, purr, and tail wag.

www.fijnwyn.co.za | 082 335 5659

fijnwyn *innie lente*

30
wine
farms

incl glass & wine tasting
R220
per person

LIVE MUSIC - FOOD STALLS - SAFE PARKING

itickets

wine & food
MARKET

SHOKRAN
EVENTS
VENUE PRETORIA

10:00 -
17:00

27 & 28

SEP



Eco-conscious Estate Landscape Maintenance



From lush gardens to water-saving irrigation systems, we seamlessly integrate eco-conscious practices into every aspect of our work. Let us transform your Estate gardens into a sanctuary of natural beauty while preserving the planet for future generations.

www.gardengroup.co.za



Proud Member of:



SPRING LAWN REVIVAL

Your Seasonal Garden Guide

After a chilly and dry winter, your garden is ready to awaken. Spring marks the ideal moment to rejuvenate your lawn and flowerbeds, giving them a head start for vibrant growth through the warmer months.

Here's a practical and locally suited plan to get your garden back in shape this season:

Tackle Weeds Early

The best time to deal with weeds is before they take hold. Early spring is perfect for applying a lawn-safe herbicide—ideally around late August. A follow-up treatment in October can help keep fresh growth in check.

Important: *Not all herbicides are grass-friendly. Be sure to choose a product that's safe for lawns to avoid damaging your turf.*

Scalp and Clear the Lawn

A few days after applying herbicide, mow the grass low to remove dead material and thatch.

This helps new shoots break through and improves air and light reaching the soil surface.

Aerate the Soil

Over time, soil becomes compacted, especially in high-traffic areas. Aerating with a hollow tine or spike tool improves air, water, and nutrient flow—leading to stronger, deeper roots and a more resilient lawn.

Keep Pests Under Control

Spring is prime time for lawn pests like caterpillars and beetle larvae. Monitoring and treating these early can protect your grass from damage and reduce stress on its recovery.

Top Dress for Even Growth

Apply a light layer (5–10mm) of good-quality topsoil to fill in uneven areas and enrich the soil. Choose a top dressing that's free of weed seeds—some low-quality options can introduce more problems than they solve.

Bonus Tip: Earthworm castings are an excellent alternative, offering rich nutrients and improving soil texture naturally.

Feed for Growth

Spring lawns need a nutrient boost. Apply a general fertiliser—such as a 13:7:10 or 2:3:2 blend—after top dressing. For ongoing results, reapply every six weeks using a formulation that suits your lawn goals (e.g. greening or root development).

Organic fertilisers release nutrients more gradually and are especially useful in low-irrigation areas.

Water With Care

Water is critical in the first few weeks post-treatment. Aim to keep the top few centimetres of soil consistently moist to encourage healthy root development.

Best practices:

- Water early in the morning
- Increase frequency during hot or windy spells
- Avoid late afternoon or night watering to reduce fungal risk

Spring is the season of growth and transformation—make sure your lawn joins in.

With a bit of planning and the right approach, you'll be well on your way to a lush, green garden you can enjoy all season long.



Picnic in Style

Experience a Moment. Taste Life.



As the chill of winter fades and Pretoria bursts into bloom, there's no better time to head outdoors and soak up the sunshine. Spring invites us to slow down, reconnect with nature, and make the most of life's simple pleasures — and what better way to do that than with a perfectly styled picnic?

Dial-a-Picnic Pretoria brings you a fresh, elegant way to celebrate the season — from romantic sunset moments to festive family fun. With warm days ahead and summer on the horizon, now is the perfect time to plan your next unforgettable gathering.

Why Picnics Are the New Go-To

Whether it's a birthday, engagement, wellness day, or simply a reason to enjoy the sunshine, Dial-a-Picnic transforms your everyday outdoor experience into something magical. Think low tables, plush cushions, fresh florals, and gourmet nibbles — all set against the backdrop of Pretoria's scenic spots or the comfort of your own garden.

Curated Moments for Every Occasion

From intimate duos to vibrant group celebrations, Dial-a-Picnic Pretoria tailors each setup to your style, theme, and

budget. **Their range of picnic experiences includes:**

- **Romantic Picnics:** Perfect for proposals or dreamy date nights, with candlelight, sunsets, and indulgent treats.
- **Family Picnics:** Kid-friendly, themed setups for playful fun and bonding time.
- **Corporate Events:** Step out of the office with outdoor team-building days, wellness experiences, or end-of-year celebrations.
- **Special Occasions:** Birthdays, bridal showers, anniversaries — all effortlessly styled so you can focus on the moment.

More Than Just a Picnic

It's the little things that make the biggest impact. Dial-a-Picnic is known for its eye for detail, professionalism, and creative flair. Optional add-ons include grazing boxes, games, custom cakes, turndown evening setups, and bespoke décor themes — all carefully curated to elevate your experience.

Styled to Remember

Clients love how effortlessly their vision comes to life — whether it's a boho-inspired brunch, a romantic escape under the stars, or a full-scale celebration in a park. The team's passion for creating beauty in everyday spaces ensures that every picnic is one to remember.

Ready to Taste Life?

Let **Dial-a-Picnic Pretoria** help you Experience a Moment and Taste Life this spring and summer.

083 744 2866

pretoria@dialapicnic.co.za

www.dialapicnic.co.za

Serving Pretoria and surrounding areas

Follow their latest picnic magic on



A man with dark skin, wearing a beige button-down shirt, blue jeans, and large black headphones, is using a stick vacuum on a light-colored wooden floor. He is also wearing bright yellow cleaning gloves. In the background, there is a light-colored sofa with a textured throw and a wooden shelving unit with potted plants.

Chaos to Calm

There's something magical about the arrival of spring — the air feels lighter, the days get longer, and there's a natural urge to refresh and reset. It's the perfect time to throw open the windows, roll up your sleeves, and embrace a good old-fashioned spring clean.

But spring cleaning is about more than just wiping down countertops or shaking out rugs. It's a ritual of renewal. A chance to declutter, organise, and breathe new life into your home — and your mind.

1. The Psychology of a Clean Space

Did you know that clutter can have a direct impact on your stress levels? Studies show that a tidy environment can reduce anxiety and boost productivity. Our brains love order. When everything is in its place, your home becomes a calming sanctuary — not a source of mental overload.

Spring cleaning is the ultimate form of self-care: it's therapeutic, rewarding, and creates a ripple effect of clarity and calm.

2. Aesthetic Organisation in the Kitchen

The kitchen is the heart of the home — and also one of the easiest spaces to transform with clever storage.

Clear, stackable containers for pantry staples like rice, pasta, lentils, and flour don't just keep ingredients fresh — they look amazing. Add sleek spice jars with uniform labels and suddenly your pantry resembles a Pinterest dream.

Lazy Susans, tiered shelves, and airtight storage bins help maximise space and give your cupboards a curated, boutique-grocery feel. It's not just functional; it's deeply satisfying.



3. Wardrobe Wins & Linen Love

If you've ever opened your cupboard and felt instantly overwhelmed, you're not alone. Spring is the ideal time to donate clothing you no longer wear and introduce systems that actually work.

Use drawer organisers for underwear, socks, and accessories. Invest in fabric storage cubes for out-of-season items. And when it comes to linen cupboards? The **KonMari** fold is your new best friend. Folding towels and bedding into compact rectangles not only saves space, it makes every shelf look effortlessly neat.



to keep everything smelling fresh and moth-free.

4. Health & Wellbeing Benefits of a Clean Home

Dust, mould, and unseen allergens often build up over the cooler months when we keep our windows shut. A deep spring clean can literally help you breathe easier.

Beyond the physical benefits, there's a profound sense of lightness that comes from letting go — of clutter, chaos, and the things you no longer need. It clears space not just in your home, but in your heart and head too.

You might even sleep better, feel more energised, and feel more inclined to invite people over — because a clean space is an inviting space.

5. Start Small — and Make It Fun!

Spring cleaning doesn't have to be a weekend-long slog. Break it into manageable zones: one cupboard, one shelf, one drawer at a time.

Put on your favourite playlist, light a candle, and let the process be part of your seasonal refresh. Involve the family, make it a challenge — or better yet, reward yourself with something lovely at the end (a new plant or a fresh set of labels, perhaps?).

Spring cleaning isn't just about removing dirt. It's about making space for what matters. A tidy, intentional home nurtures a peaceful, intentional life.

So, go ahead — open those windows, shake out those rugs, and give your home (and yourself) the fresh start it deserves.

THE DONKEY DAIRY

"BRAY HELLO TO YOUR BEST DAY OUT!"



ESCAPE TO THE BREATHTAKING
MAGALIESBURG MOUNTAINS AND
EXPERIENCE THE MAGIC OF THE
DONKEY DAIRY! MEET OUR FRIENDLY
DONKEYS, EXPLORE SCENIC HIKING
TRAILS, AND DISCOVER THE BENEFITS
OF DONKEY MILK—ALL WHILE
ENJOYING THE PEACE OF NATURE.
JOIN US FOR A UNIQUE FARM
ADVENTURE THE WHOLE FAMILY WILL
LOVE.

*Where families reconnect, kids explore
freely, and every bray brings a smile.
Create lasting memories at The Donkey
Dairy.*

ACTIVITIES

BOTTLE FEED BABY GOATS
INTERACT WITH FRIENDLY ANIMALS
ENJOY SCENIC HIKING TRAILS
MILK TASTING EXPERIENCE
DONKEY AND HORSE RIDES



OPEN ON WEEKENDS &
PUBLIC HOLIDAYS
9 AM TO 3 PM
BOOKINGS ARE ESSENTIAL!
072 262 5369



Let time slow down with laughter
& warmth. Share special
moments with family & friends,
or escape together to rekindle
your love...

info@owlspot.co.za

082 707 2843

www.owlspot.co.za



Owl Spot

Game Drives | Spa Treatments | Romantic Picnics

the
RIVERINE
— LODGE —

Welgevonden Big Five Game Reserve

INTIMATE COMFORT IN THE HEART OF WELGEVONDEN

Nestled in the eastern corner of the malaria-free Welgevonden Game Reserve, The Riverine Lodge is a serene sanctuary in South Africa's Waterberg region.

Situated beside the Grootfontein Stream and overlooking a dramatic sandstone cliff, this boutique safari lodge offers a perfect blend of comfort, intimacy, and wild African beauty.

Just three hours from Gauteng, it's an ideal destination for weekend getaways or longer escapes into nature.

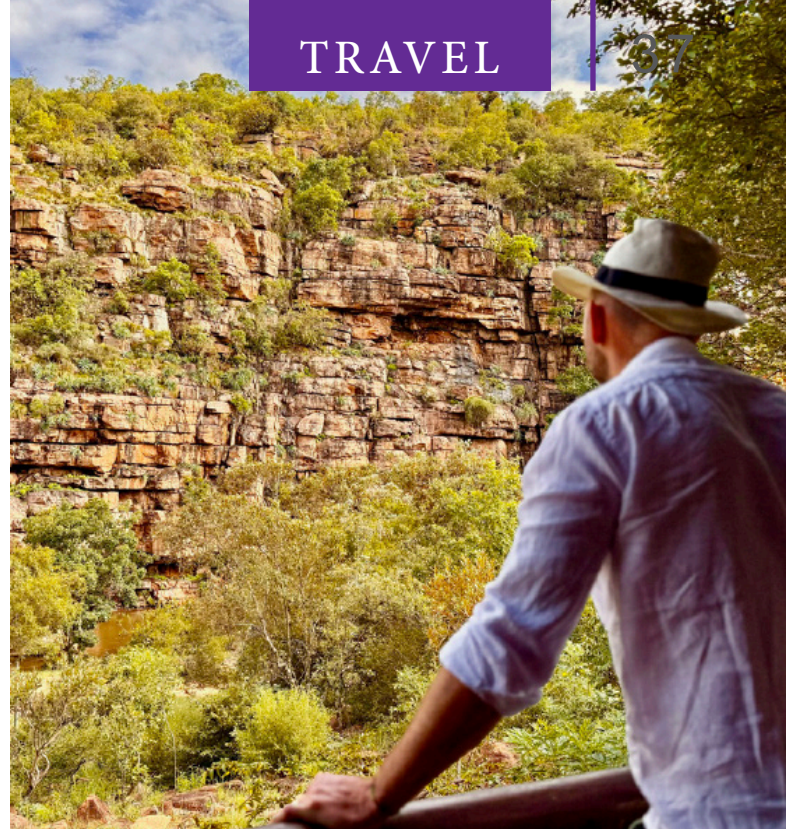
Whether you're seeking romance, solitude, or a shared wildlife adventure, The Riverine Lodge provides a warm, welcoming environment for couples, friends, and families alike.

A Trusted Legacy in Hospitality

The Riverine Lodge is part of the same distinguished hospitality group behind the award-winning, five star, Menlyn Boutique Hotel in Pretoria and the renowned 57 Waterberg in the same reserve.

This shared ownership ensures guests enjoy consistently high standards, attentive service, and a refined, nature-inspired experience across all three properties.





Inside Welgevonden: A Premier Safari Destination

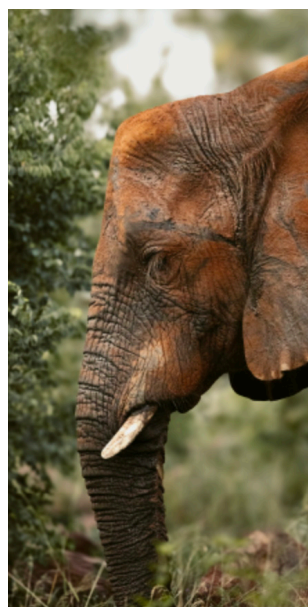
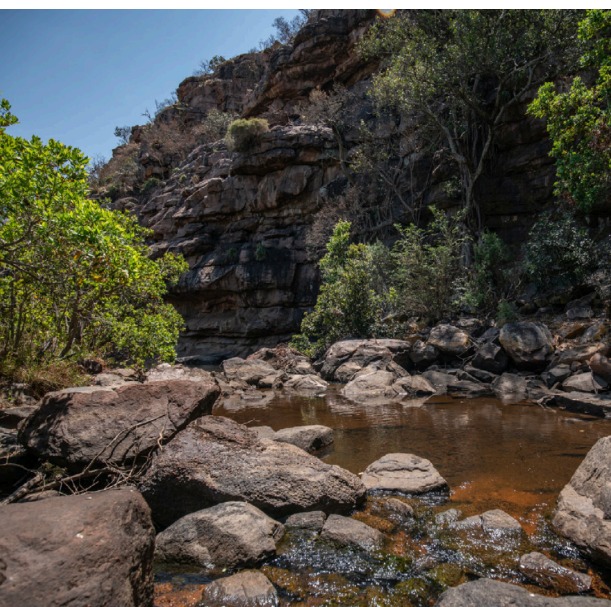
Spanning more than 36,000 hectares, Welgevonden Game Reserve is one of South Africa's leading private wildlife areas.

It's home to over 50 mammal species—including the Big Five: lion, leopard, elephant, rhino, and buffalo. With self-driving prohibited and only a few lodges allowed within the reserve, guests benefit from uncrowded, immersive game drives guided by knowledgeable rangers.

Whether tracking lions at dawn or birdwatching at sunset, every drive offers a personal and memorable encounter with the wild.

Boutique Comfort with Scenic Views

The Riverine Lodge accommodates up to eight adults in four elegantly furnished rooms, each designed for tranquillity and relaxation. All rooms feature queen-size beds, comfortable armchairs, and private balconies with sweeping views of the bush, sandstone cliffs, and the gentle stream below. En-suite bathrooms offer both a bathtub and a separate shower—inviting guests to unwind in the natural peace of the Waterberg. Sustainable, Fully Catered Safari Living Completely off-grid, The Riverine Lodge runs on sustainable energy, ensuring a low-impact stay without compromising on comfort. Guests enjoy a fully catered experience, with all meals thoughtfully prepared and served in the lodge's communal spaces.



Mornings start with hearty breakfasts, afternoons feature light, fresh lunches, and evenings conclude with starlit boma dinners. Special dietary needs are gladly accommodated with prior notice.

Highlights & Experiences

- **Twice-Daily Game Drives** – Set out at sunrise and again in the late afternoon for the best chance to see the region's abundant wildlife.
- **Cliffside and Riverine Views** – The ever-present sound of the stream and towering cliffs create a breathtaking, tranquil setting.
- **Relaxation by the Pool** – Cool off in the natural-style swimming pool, perfect for hot afternoons and quiet bushveld hours.
- **Communal Comfort** – The main lodge offers cozy lounges, viewing decks, and a traditional boma for fireside stories and stargazing.
- **Serene Atmosphere** – With only four guest rooms, the lodge maintains a peaceful, private ambiance ideal for intimate escapes or small gatherings.

A Safe, Malaria-Free Escape

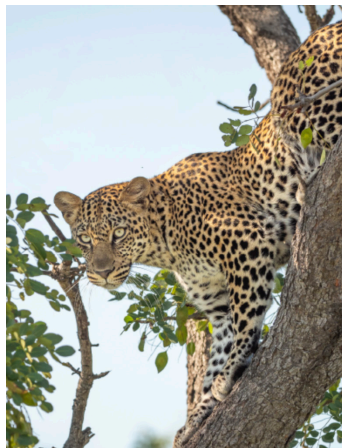
Set in a malaria-free region, The Riverine Lodge offers peace of mind alongside its abundant beauty—making it especially attractive for families with young children or travellers who prefer to avoid preventative medication.

More Than a Stay—A Home in the Wild

At The Riverine Lodge, time slows to the rhythm of nature. Wake up to the calls of francolins, follow wildlife through the golden grasslands, and fall asleep to the hush of the river and distant roars of lions. This is not just a holiday—it's a return to the wild, to the wonder of God's creation. A place to rest, reconnect, and be renewed.

Plan Your Escape

Visit www.riverinelodge.co.za to book your stay or follow @riverinelodge on Instagram and Facebook for a look into daily safari life—curated by the trusted team behind Menlyn Boutique Hotel and 57 Waterberg.



the
RIVERINE
— LODGE —

🌐 www.riverinelodge.co.za

☎ +27 (0)71 875 8782

✉ rita@whleisuregroup.co.za

📍 Welgevonden Game Reserve,

Site 35,

Vaalwater, 0530

📘 Riverine Lodge

📷 @riverinelodge



EXPERIENCE THE **BIG 5**, IN THE **MALARIA-FREE**
RENOWNED WELGEVONDEN GAME RESERVE.

ONLY **THREE HOURS NORTH** OF JOHANNESBURG IN A
COMFORTABLE, RELAXED ENVIRONMENT.



Welgevonden Big Five Game Reserve

BOOKINGS

Book online at: www.riverinelodge.co.za or

Contact Rita: rita@whleisuregroup.co.za / 071 875 8782.





SUNSKIN

ULTIMATE SUN CARE

SPF 50

UVA

UVB

HEV

IR-A

added Anti-pollution Shield



**“Anyone under
the sun must wear
sunscreen and
that is everyone!”**

www.sunskin.co.za

Toast to Tradition

South African Braaibroodjies



Nothing brings people together quite like a good braai—and no South African braai is truly complete without the beloved **braaibroodjie**! These classic toasted sandwiches are simple to make but bursting with flavour. Think crispy golden bread, gooey cheese, juicy tomatoes, zingy onion, and that unmistakable hint of chutney.

This recipe serves four but can easily be scaled up to feed unexpected guests (we've all had those!). So fire up the coals and get toasting—Heritage Day is the perfect excuse to enjoy this proudly local favourite.

What You'll Need:

- 8 slices of white or brown bread (thick white is best)
- Butter
- Mrs Ball's chutney (or apricot jam)
- Cheddar cheese (or Mozzarella/Emmental)
- 2 tomatoes (sliced)
- 1 onion (sliced)
- Salt & black pepper

Quick Assembly:

1. Butter one side of each bread slice (this goes on the outside).
2. Spread chutney on the inside of half the slices.
3. Add cheese, tomato, and onion.
4. Season with salt & pepper.
5. Top with the other slices, butter side up.
6. Grill in a hinged braai grid over medium coals, turning often until golden brown.

Top Tips:

- Dice tomato and onion with chutney for a saucier filling.
- Use full-fat cheese for the best melt.
- A hinged rooster makes flipping easy—open and close it now and then to stop sticking.

Gather your people, light the coals, and toast to tradition with every bite!



Classifieds

ART

Drawing, Painting and Crafts for kids
Contact Liesl Becker @ 082 370 8354

BEAUTY / HAIR

Lavish Beauty Boutique
Zilma @ 061 433 5878

Kapsel – contact : Desiré @ 071 269 7875

Lavish Hair @ The Courtyard – contact: Coreli
@ 082 456 1723

Annique Products

Annique products conveniently delivered at your doorstep in our Estate! You are more than welcome to place an order with me or contact me for current specials. Mea van der Merwe 071 172 7074 or gmvdmerwe@gmail.com

CLEANING

Supreme Bin Cleaning – We clean, sanitize and deodorize your Wheelie Bin. Contact : 0845521697 / supremebincleaning@gmail.com

CLOTHING

Simply Africa - Clothing Design and Tailoring.
Contact : simplyafricaclothing@gmail.com / 079 946 1040

CONSTRUCTION / BUILDING

Uncle John Construction Tiling, painting, building, plastering, ceilings, waterproofing, paving. Contact John 078 662 8483 / 061 323 6045

DOMESTIC HELPERS

Betty (063 281 3764) – Mon, Wed & Thu
Betty (079 982 7804) - Tue
Busy (072 947 5394) – Mon & Wed
Dorcas (068 306 3218) – Tue & Thu
Siphilisiwe (084 732 2145) – Tue, Thu & Sat
Poppy (082 479 4416) – Wed

GIFTING

ISZI Online Boutique Gift store: unique and proudly South African products and brands.
www.iszionline.co.za

Chocolate Smash Boxes – https://www.instagram.com/invites/contact/?i=m7rg4rxeo0jf&utm_content=mafu1zc

Laser cutting

Home and party decor, gifts and more.

Pine crates for under your braai.

Christelle Barnard 083 415 9970

christelle@cheekycrafts.co.za

www.facebook.com/cheekycrafts

GRAPHIC DESIGN

Burg Design - a brand design agency assisting with logo design, packaging design and website design. Contact : Niel @ 082 856 0165 / niel@burgdesign.co.za

GARDENER

Wonder (078 438 1959) – Mon, Tue & Thu
Nthando (Leonard) (062 848 3450) – Tue & Sat

INTERIOR

Home Fires: Office: 012 663 3911 • Mobile: 082 564 6881 • Fax: 012 663 3991 Email: rudie@homefires.co.za • Website: www.homefires.co.za

JEWELLERY

Mikana Jewels - Contact Mieke on WhatsApp – 0822908624 / mikana.jewels@gmail.com

V'DODILI – Contact Erika @ 082 776 7367

MUSIC

Jolanda Becker Vocal Lab situated in Heritage Hill estate offer professional vocal training for all ages. We are internationally accredited at all the international music exams as well as international music competitions. We also offer artist development for artists wishing to pursue a professional music career and the preparation for albums and singles.
Contact us today for more information.

jolandabecker@yahoo.com \ 072 203 0095

Facebook : Jolanda Becker Vocal Lab

Instagram: Jolanda Becker Vocal Lab

MAINTENANCE**Vehicle Service & Maintenance**

Mynhardt at Steve's Auto Clinic Centurion will take care of your Car, Bakkie or SUV ! Petrol or Diesel. Specialists that can be trusted to look after your vehicle with state of the art technology and equipment! We also drop off and collect you when pre-arranged. 012 621 9060 / 071 679 9041 WhatsApp 081 336 3968
mynhardt@sacdiesel.co.za

For all your residential paintwork, damp proofing, waterproofing, tiling, carpentry as well as renovations with complete Project Management services contact Hennie van Niekerk residing in Heritage Hill. 0741041984
hvjniekerk63@gmail.com.

OPTOMETRISTS

Elsabe de Koker Optometrists, Irene Intercare Medical Centre, Southdowns Shopping Centre. Contact : 012 685-5600 / Info@edkoptometrists.co.za

OUTDOOR

Heritage Hill Garden Service – contact Matthew & Marina Notnagel: 082 331 5725 / 082 925 9830; email: hhgardenservice@gmail.com

PET-SITTING

Chloe - 071 190 8944

Jana - 082 407 6992

TRAVEL

Bookings-Africa - Accommodation Kruger Park Lodge resort in Hazyview www.bookings-africa.com | 082 411 1474 / 082 457 6555 | info@bookings-africa.com

SELLING**Farm Eggs:**

Francine 074 363 0199
trays of 18, every Tuesday.

The little cake shop:

info@thelittlecakeshop.co.za / 078 0579 454

AMWAY

Louwyn Roux (082 448 4237)

Herbalife

Louwyn Roux (082 448 4237)

SERVICES**ToCo Branding** | Stickers | Gifts | Embroidery

Contact: Stephanie Toft 0726864015,
email: thetoftcorp@gmail.com
<https://www.instagram.com/thetoftcorporation>

Residential And Commercial Wrapping

Wrap, not replace with Vinyl Architects! Expert interior wrapping for kitchens, bedrooms, bathrooms, and commercial spaces. Transform your space with precision.
info@vinylarchitects.co.za
066 252 3800

WELLNESS

Pilates Co. – Contact : Rozanne Esmeraldo @ 074 074 0100 / pilatesco.studio@gmail.com / <https://pilatesco.co.za/>

IndigoTranquillity Healings - contact: Louise @ 073 147 0982 Life Activations; Ensofic Reiki; Crystal Healings; Crystal Healing Rites; Egyptian Aura Healing; Max Meditation

Grace-ious Pilates

Monique @ 082 879 9483

Just Fit Specialise in Personal, Group and Online training, Muscle toning and Building. Weight loss, Nutrition plan and Coaching. Janine – 083 454 9087 or janine@justfit.co.za

Midstream Athletics Club

Join our weekly Time Trial, held every Tuesday afternoon at 17:30 at the Parkrun parking area on Midstream Ridge Drive. Follow us on [Instagram](#) [Facebook](#) Email: midstreamac@gmail.com

let your brand take flight...

Reach The “*Crème De La Crème*”
With Our Unique Estate
Digital Advertising

ADVERTISE

YOUR BUSINESS IN OUR ESTATE MAGAZINES:
THE HILLS ESTATE, LOMBARDY ESTATE, HERITAGE HILL ESTATE

calvin@k-studio.co.za | 082 582 6873



KS
KREATIEF STUDIO